

Name of the Course : Master of Physical Education
Semester : II (May/June 2025)
Name of the Paper : MPE 0803 (iii) Game of Specialization-
Badminton
Duration : 03 Hours
Maximum Marks : 50

Instructions for Candidate

Attempt five questions. All questions carry equal marks. (10).

- Q1. Draw a neat diagram of Badminton court for singles giving all the measurements as per the latest laws.
- Q2. Explain anthropometric & Physiological considerations to be considered in selecting badminton players.
- Q3. Explain any one playing ability test of any one skill of your choice of Badminton game.
- Q4. Discuss various tactics & strategies for "doubles" matches in Badminton.
- Q5. Name various types of "smash" used in the Badminton game. Discuss the advantages & technique of any one type of smash.
- Q6. Discuss various training cycles used for planning training of badminton players.
- Q7. Discuss various tactics & strategies for ^{Single's} ~~doubles~~ matches in Badminton.
- Q8. Write a short notes on any two of the followings:
(a) Steps to prepares coaching lesson plan in Badminton game.
(b) Any one training method Explain in detail.
(c) Load and Load adaptation